

### Ergebnisliste 34. Generalprobe Berlin 29.08.2010

Platz		Name	AK	...Platz	Nettozeit	10km-Zeit	km-Zeiten		
ges.	SCC						Runde 1	Runde 2	delta
1	-	Sponar, Lennart	M30	1	1:07:55	32:12	03:14	03:14	0%
:									
3	1	Zingler, Jonas	M30	2	1:16:41	36:31	03:40	03:38	-1%
15	4	Wartenberg, Joachim	M40	4	1:21:03	38:06	03:50	03:54	2%
19	7	Thomas, Rainer	M45	1	1:22:08	38:53	03:55	03:55	0%
30	10	Basel, Jörn	M30	7	1:23:13	39:44	04:00	03:56	-2%
1	16	Danne, Andrea	W45	1	1:26:03	40:54	04:07	04:05	-1%
78	18	Kröhnert, Kevin	MH	16	1:26:42	41:44	04:12	04:04	-3%
86	19	Burkhardt, Frank	M40	20	1:27:00	41:16	04:09	04:08	0%
118	20	Braun, Reiner	M40	26	1:29:03	47:08	04:41	03:48	-19%
140	24	Roll, Stefan	M45	27	1:30:42	42:21	04:16	04:23	3%
166	27	Tamms, Jessica	W30	1	1:32:17	43:15	04:21	04:26	2%
191	29	Körner, Pawel-Jascha	M30	28	1:33:16	44:09	04:26	04:27	0%
256	31	Wittrup-Jensen, Kim	M40	55	1:35:34	44:20	04:29	04:37	3%
370	37	Abou-Ras, Daniel	M35	55	1:38:35	45:51	04:37	04:47	4%
425	42	Heyde, Stefan	M40	95	1:39:58	47:58	04:49	04:42	-2%
534	49	Schnaibel, Jörg	M45	95	1:42:45	48:16	04:51	04:56	2%
818	62	Krause, Jette	W30	10	1:48:38	52:20	05:15	05:06	-3%
821	63	Hössler, Marita	W50	7	1:48:42	51:00	05:08	05:13	2%
824	64	Gehrmann, Antje	W40	18	1:48:44	51:22	05:09	05:12	1%
940	73	Stach, Christian	M45	161	1:50:34	52:10	05:15	05:17	1%
943	74	Stach, Lori	W45	28	1:50:36	52:12	05:15	05:17	1%
1336	86	Glantz, Alexander	M30	127	1:58:36	56:50	05:42	05:35	-2%

Teilnehmer: 1.967 (1.424 Männer und 543 Frauen)